

# Greyhound Rescue Fife

*“Adopting just one Greyhound won't change the world, but the world will surely change for that one Greyhound.”*



## Your Monthly Greyhound Fix!

Thank you for reading the official Greyhound Rescue Fife newsletter!

We have another packed issue for you this month, including your fundraising efforts, a wee update from Jimmy and Celia as well as all the usual bits and bobs. If you have any stories, photos or tips that you would like to see in the newsletter please email them to [grfnewsletter@gmail.com](mailto:grfnewsletter@gmail.com).

The Photo above is of Sporty, who is available at the kennels now!

## Dog Walkers Needed!

We are always looking for dog walkers but please don't just turn up. Give Jimmy or Celia a phone first to arrange an induction day and get all the info. John – The GRF Webmaster has also set up a Calendar on the forum which hopefully in the future will make it easier for everyone to check when help is needed and book themselves in. However, anyone new to dog walking at the kennels must get an induction first.

Celia and Jimmy's contact details are on the GRF website.



### Kennel News

Find out who has found their forever homes and who is new at the kennels...



### Meet Trixie

She is the dog of the month, find out more about this gorgeous girl...



### The Rule of Threes

Find out about how long it takes for a new hound to settle in...

## Kennel News

Since the last edition the kennel welcomed ten new dogs; Tasha, Sophie, Dan, Denham, Ian, Rick, Grundy, Ben, Billy and Laura.

In the same time seventeen dogs have found their forever homes! These were: Poppy, Mimi, Mustang, Panther, Diamond, Hero, Misty, Hercules, Tiger, Tasha, Noah, Sophie, Dan, Billy, Ben, Wallace and Percy.

This doesn't include the the dogs that came in over the weekend, all I'm saying is next month will be a much longer list!

If you would like to home a dog from Greyhound Rescue Fife call Jimmy and Celia on 01577 850393 or 07826 244765 or you can email [ferniejimmyf@aol.com](mailto:ferniejimmyf@aol.com) to arrange a suitable time to meet your new member of the family!

## Information for Volunteers

Walking will now start at 10.30am. In order to keep everyone safe the following guidelines must be followed. Everyone must wash their hands with Hibiscrub when arriving at the kennels. Face coverings should be worn inside and 2 metre social distancing must be observed at all times. Leads must be left in the bucket of disinfectant provided at the end of walking. We can no longer provide tea/coffee but you are welcome to bring a flask. Lastly, enjoy seeing old furry friends and meeting our new ones!

## Adoption Fees

*Over the years GRF has only charged what we pay for neuterings as our adoptions cost. We made zero profit with these figures but kept an even keel with boarding and donations.*

*Covid 19 has decimated a lot of our ways of income Covid 19 is not going away, so to keep our finances strong we have had to agree to an adoption figure of £180 for a male or a female. This is still below what most rescues charge. On adoption the muzzles, collars leads and vaccinations are still included in the price. The rise is with immediate effect. I hope that everybody understands our reasons.*

Jimmy and Celia

## Typical Hound

Mummy and Daddy say I need to go on a diet because I've put on "lockdown weight", whatever that means! All I know is I've been walking my socks off with no treats! They better not keep up this performance for much longer, I hope they realise its been me that's kept them fit for all these years. Anyway, I'm retired, I deserve my curves!

TH

## Dog of the Month

### Trixie



*Trixie is a pretty black girl. She is a bright and enthusiastic girl who always gives you a warm, waggy tailed welcome. She is clean and non destructive in her kennel, is a good eater and takes her treats gently. She loves her walkies and can be a bit strong on the lead at times but soon settles down. If you are looking for a dog who loves life and walkies and will always give you a warm welcome Trixie could be the girl for you.*

## Monthly Walks

### Great Global Greyhound Walk

Just in case you missed the Facebook or Forum post, the Great Global Greyhound Walk has been cancelled and there are no other scheduled monthly walks. Keep an eye out for any updates as rules change in the future, although I'm sure you will understand this may not be for some time.

## Virtual Fundraiser by Niel McGill

On Sunday 25th October, Niel will be running a 26.2 mile marathon to raise funds for GRF. Niel is aiming to complete this in 3 hours 45 minutes.

Unfortunately, the Amsterdam Marathon has been cancelled due to Covid, but the organisers have replaced the event with a Virtual marathon.

Niel's route will include places like the Forth & Clyde Canal replacing the Amsterdam Canals, Callander Park for Vondel Park, Lionthorn Woods replacing Amsterdam Forest, Falkirk Steeple instead of Dam Square, Klondye Garden Centre replacing the Tulip Fields (LOL). Westfield replacing Johan Crujiff Arena.

If you would like to donate to Niel's fundraiser, please hit the Donate button on the GRF website & make your donation via card or Paypal referencing the "TCS Marathon" thank you.

## Easyfundraising

When doing your online buying please don't forget to shop through Easyfundraising. There are new retailers eg Next joining the scheme all the time and specials offers and competitions all the time. Please remember it costs you nothing extra to shop via Easyfundraising but will raise funds for the homeless hounds. We have now raised over £2300.

To find out more and join the other GRFers raising money this way please follow this link: <https://www.easyfundraising.org.uk/causes/greyhoundfife/>

There is a pinned post on the forum with more information about this.

## Arlene has cut off her hair!

*Arlene Wood of the long hair made the ultimate sacrifice for the benefit of our homeless hounds. She did a sponsored haircut and lopped off quite a lot of her lovely long hair.*

*In return she raised a whopping £400 for the dogs. Thank you so much Arlene, that was very kind of you indeed.*

*Every one at GRF ( especially the dogs ) thank you very much.*

*Jimmy would have given you another £400 if you could have made it grow on his head!*

## Barry 'n' Sue

### Gotcha Day Number 3!

Back in 2017 on the 26th of August we took this lovely pair home with us. We met them while volunteering over that summer and fell in love with them (and became quite greyhound obsessed!). For their Gotcha Day this year we took them to their favourite place, you guessed it....the Highlands! Sue got a wee swim with her long lead and Barry enjoyed the views (as well as almost eating a baby toad!). The decision to adopt these two is by far the best one we have ever made and we would like to thank Jimmy and Celia for allowing us to take them home and making our greyhound dreams come true!



## Curtains

As many of you know, Sheila and a friend make dog beds out of duvets and curtains which they sell for £8 each to raise money for GRF. If anyone has curtains which they no longer require, could you bring them along to the kennels for them to pick up. They need to be in reasonable condition and of fairly strong material.

NB please don't bring duvets - we have an endless supply of these from another charity.

## Doggy Doos

### The Rule of Threes

For anyone who has recently adopted or is about to, welcome to the Greyhound Club! One thing that I found very useful when I watched my two settle in is the 3-3-3 rule, the picture below illustrates this well. It's important to remember that everything is new for them and patience is key. There are few things in life more rewarding than seeing their personalities blossom while they learn the ropes of being a sofa hound.

## The 3 Days, 3 Weeks, 3 Month Rule of Adopting a Rescue Dog

The 3-3-3 rule is a general guideline, every dog is unique and will adjust differently. Give your dog space and allow him to go at his own pace.

<b>3D</b>	<b>3W</b>	<b>3M</b>
		
<p><b>In the first 3 days,</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Feeling overwhelmed</li> <li><input type="checkbox"/> May be scared and unsure of what is going on</li> <li><input type="checkbox"/> Not comfortable enough to be "himself"</li> <li><input type="checkbox"/> May not want to eat or drink</li> <li><input type="checkbox"/> Shut down and want to curl up in his crate or hide under a table</li> <li><input type="checkbox"/> Testing the boundaries</li> </ul>	<p><b>After 3 weeks,</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Starting to settle in</li> <li><input type="checkbox"/> Feeling more comfortable</li> <li><input type="checkbox"/> Realizing this could possibly be his forever home</li> <li><input type="checkbox"/> Figured out his environment</li> <li><input type="checkbox"/> Getting into a routine</li> <li><input type="checkbox"/> Lets his guard down and may start showing his true personality</li> <li><input type="checkbox"/> Behavior issues may start showing up</li> </ul>	<p><b>After 3 months,</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Finally completely comfortable in his home.</li> <li><input type="checkbox"/> Building trust and a true bond</li> <li><input type="checkbox"/> Gained a complete sense of security with his new family</li> <li><input type="checkbox"/> Set in a routine</li> </ul>
	<small>© Rescue Dogs 101</small>	 <b>Rescue Dogs 101</b> <small>ADOPT LOVE TRAIN</small>

Source - [Rescue Dogs 101](#)

## Your Stories

Since this is a community newsletter we would like to include more of your stories. If you have recently homed a hound and would like to let us know how they are settling in, if you would like to share a story about a recent trip or any other story about your hound then please let us know and we can share it in the newsletter! Email your stories to [grfnewsletter@gmail.com](mailto:grfnewsletter@gmail.com).



## With Thanks

We would like to thank Jimmy, Celia, Steve Adam and Steve Dowd for their contributions to this issue.