



NEWS

Designed by Sally E Calder

Oct/Nov 2010

Changing the world one greyhound at a time!

First of apologies for the lateness of this newsletter, which has now become a joint Oct/Nov edition. This was due, to use the old cliché "technical problems" basically PC decided to die on me!! Anyway I hope you enjoy this bumper issue, which also includes a special early announcement for next year (see dates for the diary) along with helping your dogs through fireworks night and a little matter of that itchy pest the flea, hope you enjoy

Kennel update

One big announcement over the last couple of months has been the generous donation from Pets at Home who have kindly awarded us a funding of £5000 !! under their Support Adoption for Pets scheme. The award of this cheque took place at the Falkirk store of Pets at Home. From everybody at GRF thank you very much. Pets at Home have been extremely supportive of our cause for a number of years now especially in our inaugural dog show were they donated lots of items and gift vouchers and have done so in each of the subsequent shows. It is always heartening to see large organisations like this helping out local groups like GRF both financially and in kind. Thank you once again

The last couple of months has been extremely busy at the kennels with a number of coming and goings (see below) to the extent that we have now re-homed 431 dogs! and starting to close in on that 450 mark!

Incomers

FOXY, CRAIG, BLUE, DAISY, MILLY, TC, ROGER, MURPHY, QUEENIE, BELLA, DICE, ALONA. LUIGI, SPANGLE, TWINKLE, JOSIE, MAX, TOBY.

Outgoing

BART, CRAIG, LARRY, VENO, MINDY, SPARKLE, CANDY, GALWAY, BLUE, DAISY, MILLY. ALONA, DOMINO, MOLLY, HEIDI, BRUCE, DICE and FERN.

Thank You

On behalf of Celia and Jimmy and all the Volunteers at Greyhound Rescue Fife We would like to thank Douglas Stewart and the Capital Management & Regulatory Reporting team for all their hard work at the kennels on Thursday the 9th September 2010.

Here is a report of their day.

Gone to the dogs

10 animal friendly members of the Group Finance Capital Management and Regulatory headed north to Baltree Kennels, Gairneybank to spend the day assisting the volunteers of Greyhound Rescue Fife.

The day started with some colleagues meeting in the Canteen prior to heading off in convoy over the Bridge. We all met up at approx 10am and were given a short talk from Jimmy Fernie (cofounder of GRF) on the background of GRF and the increasing numbers of dogs available for rescue - approx 10,000 per year are 'surplus' to trainers requirements.

Then it was inside to meet the dogs, and the regular volunteers, and of course Celia Fernie (the major driving force behind GRF), and have a cup of tea and a biscuit before starting our interesting day.

We had brought with us 78 large tins of dog food as a result of a collection we had which netted £95. Which we were delighted to hand over after meeting all the dogs in residence at Baltree Kennels



The jobs were split into 2 main categories - those for the boys (the heavy stuff) and those for the girls, the easier jobs)...Pause here for the howls of derision from the female readers

The kennels were still being cleaned out and with 40+ dogs it does take time, as does the job of walkies (with poop scooping!). The route was twice round the boundaries of the kennels and back to the main building - apparently 3 laps equals 1 mile in distance.

With this in full swing the rest of us started on preparing a bit of the pathway near the kennels. This involved clearing areas of overgrown ground, covering the ground with weed suppressant membrane and then covering this membrane with chuckies. When we arrived there was 2 tonnes of chuckies to get started work on and just after we had used them up, a lorry arrived with a further 10 tonnes!!



With the first round of dog walking done, it was pretty much time for lunch (both us and the dogs!). This is where our gift of dog food came into its own!

Once lunch was over it was back to the path (but this time girls could take part!), lapping the boundaries and a new task of fence painting!

The day came to an end at around 15:45 when we got a chance to admire our handy work and say a fond farewell to our new found friends at GRF before heading home for a hot bath and an early night!

Forth Bridge Walk



Michele for organising and to Janet who collected £90 in sponsorship money

Although we are always "preaching" to the converted here but greys are amazing animals in particular how they can take on new challenges like walking across

GRF would like to thank everyone who contributed to make this walk an incredible success. A big thank you must also go to the people who volunteered at Baltree. This is important because the Kennels have to run as normal during all the publicity and awareness events. A big thank you to



the busy Forth road bridge without a problem.

On behalf of our resident hounds at Baltree Kennels thanks for helping make their stay in our kennels comfortable and safe.

GRF would also like to thank Christine who raised £59 at a recent car boot sale

From the Dog house



ROGER is a gorgeous fawn boy who loves to play with a ball. He is energetic and full of fun. He likes company and would be better living with a little girl friend. He is housetrained, having lived in a home, where unfortunately, circumstances dictated that he could no longer be kept. His former Daddy thought the world of him.

Do you have it in you to give ROGER a new home Then contact Jimmy/Celia on 01592 890583

Lucky Number - October draw

65 numbers were sold for the October lucky number draw thus giving a prize fund of £130.00. This was split as £78.00 to GRF and £52.00 to the winner. Jimmy picked out lucky number 54 which belonged to **Bo Barclay** well done Bo.

This has been a great fundraising idea and we would urge as many people as possible to participate it costs only £2 a month, as the saying goes "you've got to be in it to win it !!!" Let's try and make Decembers draw a "bumper day" for both GRF and entrants ! For full details including setting up a standing order then please get in touch with Gordon/Fiona at grfluckynumber@yahoo.co.uk

Greyhound Rescue Fife Merchandise.

It is nearing that time again when people are looking to buy gifts for family, friends and loved ones. If you are lost for ideas why not have a look at some of our merchandise we have for offer. All items bought from GRF go directly to running our kennels and making a better life for our dogs while in our care. If you would like to order anything shown here just email helen.taylor019@btinternet.com or ring her on 01337 831326.

Please note that the prices shown do not include postage and packing costs; please enquire about this when you order.



Baseball caps in black or navy £10







Mousemat £4



Tax disc holders and Windscreen decals £1 each.



T-shirts sizes small - X large. Available in navy, black, white and burgundy £10



6 Christmas cards £5



Reversible fleece lined jackets sizes medium to X large Available in navy, black, burgundy and bottle green £38

GRF Calendar

The 2011 Calendar has been printed and is now available from our Baltree kennels. The cost is £6.50- the calendar is double sided printing and hangs A3 in size. For anyone further a field we'll happily post calendars. Postage cost will be £1.72 for ne calendar and £2.50 for two calendars (items will be posted in padded envelopes to protect). Payment can be by cheque or using Paypal. (Email Michele at: marfykiwi@blueyonder.co.uk for further information and details)

A special thanks must go to all the sponsors of the calendar and we hope that all our followers of GRF can help support these businesses as they have guaranteed the fundraising success of the calendar

Dog of the month

In this month's dog of the month we look back at one in particular that had nearly all grey lovers in Fife looking for her a few years back. Fortunately it all ended well, Here is Gypsy's story

My name is Gypsy. Last year I lived alone spending my days walking around the countryside trying to find food and shelter. Today I live in a warm home and I don't have to hunt for my meals any more although sometimes I cannot resist the temptation to take any tasty morsel left within reach – and my reach can be surprising.

Likes: I love stretching out along the sofa and I spend a lot of time sleeping but with one eye on what is happening even when I lie upside down in a most inelegant manner. I love cuddles.



somehow it disappeared!

Dislikes: I dislike cats with a passion – even the word c-a-t can bring out the worst in me. Oh, and while I am at it – dogs are not much better – when I see any on my walks I make sure that I jump up and down and bark to get them to realize they should not come near us.

Worst thing done: When I discovered a chicken lying on the kitchen work surface I thought -this is for me and duly rescued it before anyone else could have it. Problem was it was very cold and very hard so I took it to my bed for later but

Biggest achievement: I can sit back and give a paw when I want a treat.

Favorite food: When the liver is cooking I stay in the kitchen to make sure it is for me and no one else can get it. I really like the chews meant to help me keep my teeth clean, although I like to throw them in the air and chase them.

Oddest thing: We have public lane at the side of the garden and even although I cannot see into it I know when the dogs walk there - even from inside the house and I make sure to bark to let everyone else know of the danger.

Like doing best. I can spend a minute or two sprinting around the garden. This is great but only when it is not raining or cold or windy. I can swerve around the pond making everyone think I am going to go straight in. But my real favorite is snuggling down at night under my duvet - I don't bother coming out until I hear breakfast being made then I am first in the queue.



If you would like your dog to appear in this section of the newsletter why not send in an article similar to the one above with a couple of pics to alexmorrison1965@btinternet.com

Fireworks and loud noises

Unfortunately it is that time of year again where we celebrate a man who didn't do a good job!! Guy Fawkes, each year the sound of rockets and fireworks seems to start sooner and sooner in the build up to the 5^{th} November. So in this month's issue of the newsletter we give some useful information on how to help your dog through these times.

As many pet lovers know, fireworks and other loud noises such as thunder storms can cause a great deal of stress for some animals. Fear of loud sounds - fireworks, thunder, and gunshot - are called *noise phobias*. For a dog affected by loud noises, this is a terrifying and uncomfortable time; both for the dog and the people. Your dog cannot control their reaction to loud noises. Many therapies exist to help with this condition.

Learn to recognize the signs of noise phobias and some tips to reduce fears. As always, talk to your vet if this is a problem for your pet. Behaviour modification alone works well for some pets, others may need medications in addition to behaviour modification to be safe and not injure themselves trying to "escape" the noise

Commonly seen signs of noise phobias include

- Shaking, trembling
- Excessive drooling
- Barking, howling
- Trying to hide or get into/out of the house, fence, or other enclosure
- Refusing to eat food
- Some animals may loose bladder or bowel control or experience temporary diarrhoea from prolonged stress

Please note: The signs mentioned above are *general signs*, and could be indicative of many different diseases or conditions. Please consult with your veterinarian if these signs persist after fireworks or thunder has subsided, or if you suspect that your pet may have been poisoned or is otherwise ill.

Trying to escape from the loud noises can mean broken windows, torn fences, chewed doors or dog crates and result in lacerations, foot pad injuries, teeth and mouth injuries or worse as they try to run from the disturbingly loud noises It doesn't matter if the fears are "rational" or not. It should be noted that scolding a frightened animal is not effective and will only intensify the fears.

Practice Safety

• Keep pets home It may be tempting to bring along your dog(s) so everyone can enjoy the fun, but the loud noises aren't usually fun for pets. Plus, there are many other hazards - fire, food

(dietary indiscretion), getting lost in the confusion, etc. that make staying home in a comfortable safe environment a good choice.

- Keep pets indoors if possible It is advisable to close the curtains and turn on the TV or radio to provide some distraction. Calming or classical music are better than some TV or radio noise choices. Therapeutic music such as *Through A Dog's Ear* often work better at keeping your dog calm and providing an audio distraction.
- Provide a safe "escape" place Many times pets will seek out a small den-like place (such as a crate), if they are fearful or stressed. If you do not already have a crate, bed or similar place that your pet can call his "own," it is recommended to create that safe place and familiarize your pet with it before needed, as a means of reducing stress during fireworks and thunderstorms.
- Use a leash or carrier If you must be outside with your pet, keep the pet on a leash or in carrier at all times.
- Practice fire safety Keep pet away from matches, lighter fuel, open fires, and fireworks especially ones that are lighted on the ground. Pets may try to sniff (or eat) fireworks, and pet hair can easily catch fire if too close to the fireworks.
- Take pet for a walk first If possible, make sure that you pet has time to "use the restroom" before the fireworks start. Some pets are too frightened to void once the fireworks begin, and this may lead to an "accident" later on.
- Make sure pet ID is current Make sure that your pet has proper identification tags, with current information, in case s/he gets away. This will help the local authorities (who are quite busy this time of year handling frightened runaways).

What else can I do if my dog is frightened of fireworks and thunder?

Animals that are frightened/stressed can hurt themselves and possibly escape if left alone, and the results can be fatal. Frightened animals running loose are in great danger of being hit by a car or other accident. Below are some ways to help reduce your pet's fear of loud noises. Behaviour modification takes lots of time and repetition. Short, positive sessions are best. Work on this when your pet is calm and be patient.

Thunderstorm Desensitisation

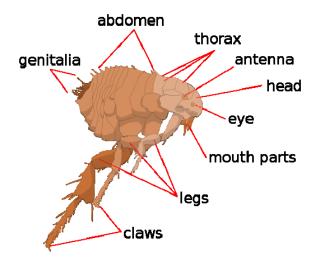
To help your pet become accustomed to thunder and other loud noises, you can try some desensitising behaviour modification. This technique involves playing a recording of thunder at very low levels. It may be difficult, but refrain from soothing or petting your dog during this time. This often only encourages the fearful behaviour, confirming that there is something to be afraid of. Additionally, if you are nervous, your pet may pick up on that. Instead, offer distractions - give a command, play a game, offer task-oriented distractions. Rewards or praise can be given for

these activities and immediately after the task is completed so the dog makes the connection. Gradually increase the volume slowly over time, as your pet is able to handle the sounds without getting stressed. Instead, offer distractions - give a command, play a game, offer task-oriented distractions. Rewards or praise can be given for these activities and immediately after the task is completed so the dog makes the connection. Gradually increase the volume slowly over time, as your pet is able to handle the sounds without getting stressed. To reiterate from page one: scolding a frightened animal is not effective will only intensify the fears. If your pet is not progressing, have patience, lower the volume and keep the sessions short and positive. Consult with your veterinarian and/or a veterinary behaviourist for additional guidance Many stores carry "relaxation" types of music, and I have seen several rain/thunderstorm CDs available. It is important to remember that this technique requires time and patience for it to be effective. Start slow, and do short sessions only at first.

Vets Corner

In this month's Vet's corner we take a look at a pest that gets everybody itching just by mentioning it's name! the flea

The Life Cycle of the Flea



Fleas. They make pets' lives miserable, and humans begin to itch just at the thought of them. Vets are often asked what pill, drug, dip, collar, or shampoo works the best to get rid of these persistent parasites. The answer is there is no single method or insecticide that will completely eradicate (or at least control) a flea problem. Part I of this article is to give some insight to the biology of the flea. Why go back to biology? Because the flea life cycle is fairly complex, and

understanding the various stages will make it easier to get rid of fleas. Later we will discuss why multiple approaches are needed to control/eradicate fleas.

The life and life cycle of the flea

There are many hundreds of species of fleas. Collectively, all of the species of fleas are categorized under the order name of Siphonaptera. The cat flea, Ctenocephalides felix, is the most commonly found flea and infests cats, dogs, humans, and other mammalian and avian hosts. Fleas thrive in warm, moist environments and climates. The main flea food is blood from the host animal. Host animals are many species - cats, dogs, humans, etc. Fleas primarily utilize mammalian hosts (about 95%). Fleas can also infest avian species (about 5%). Flea saliva, like other biting skin parasites, contains an ingredient that softens, or "digests" the host's skin for easier penetration and feeding. The saliva of fleas is irritating and allergenic -- the cause of all the itching, scratching, and other signs seen with Flea allergy Dermatitis, or FAD Fleas have four main stages in their life cycle: egg, larva, pupa, and adult. The total flea life cycle can range from a couple weeks to several months, depending on environmental conditions

ADULT: The adult flea is very flat side to side. There are hair-like bristles on the flea body and legs to aid in their navigation through pet hair. Fleas have 3 pairs of legs, the hindmost pair designed for jumping. Fleas are well known for their jumping abilities. Adult fleas prefer to live on the animal and their diet consists of blood meals courtesy of the host animal. The female flea lays white, roundest **eggs**. The adult female flea can lay up to 50 eggs per day1, 500-600 eggs2 over several months.

EGG: The eggs are not sticky (like some parasites), and they usually fall off of the animal into the carpet, bedding, floorboards, and soil. When the flea egg hatches varies -- anywhere from two days to a few weeks, depending on environmental conditions. The **larva** emerges from the egg using a chitin tooth, a hard spine on the top of the head that disappears as the flea matures.

LARVA (plural = larvae): The larval stage actually has three developmental stages within this stage. Larvae are about 1/4" (6.35 mm) long, and semi-transparent white. They have small hairs along their body and actively move. They eat the feces of adult fleas (which is mostly dried blood) and other organic debris found in the carpet, bedding, and soil. Depending on the amount of food present and the environmental conditions, the larval stage lasts about 5 to 18 days (longer in some cases) then the larva spins a silken cocoon and **pupates**

PUPA (plural = pupae): The pupa is the last stage before adult. The adult flea can emerge from the cocoon as early as 3 to 5 days, or it can stay in the cocoon for a year or more, waiting for the right time to emerge. When is the right time? (Never, say pet lovers everywhere!) Stimuli such as warm ambient temperatures, high humidity, even the vibrations and carbon dioxide emitted from a passing animal will cause the flea to emerge from the cocoon faster. This brings us back to the **adult** flea.

The entire life cycle is quite variable, as evidenced by the variability in each life stage progression. As mentioned above, the cycle can be as short as two weeks or as long as two years.

That is why it is so important to remain vigilant, even when a flea problem is thought to be under control! The duration of flea season varies with location.

Flea control on your pet

This is where most pet owners focus first - getting those fleas off of the beloved pet. The constant scratching, biting, and licking are bothersome on their own, and it is not healthy for the animal's skin, either. Flea allergy dermatitis, or FAD, is a common reason for veterinary visits all year-round in some areas

A mistake seen all too often is the "more is better" approach that some people take. More is NOT better when it comes to chemicals or medications! Following package directions is essential when using over the counter products and medications. Only buy products that are labelled for use on the species you will be using them on (dog, cat, etc.). Greyhounds in particular are very sensitive to drugs and chemicals - be sure to read all labels carefully.

Even when labels are read and instructions are followed, adverse reactions to flea product can happen. Call your vet immediately.

Shampoos and dips

A shampoo, or "flea bath" is a good first attack on fleas for the pet that has large numbers of fleas visible on its body. Cats can be difficult to bathe. It is important to know how to properly use the medicated shampoo to effectively rid your pet of fleas. It is also important to realize that a flea shampoo is *not* intended for lasting control. Many people are surprised when they see fleas and it was "only a week ago" that the pet had a flea bath. Shampoos are only effective for a day or less. They leave little residual chemical on the animal when properly used.

Flea dips are strong chemical rinses to rid animals not only of fleas, but mites and ticks as well. I do not recommend dips unless absolutely necessary, as in the case of a mite infestation. Dips last approximately 1-2 weeks. That is a lot of chemical residue to leave on an animal! Flea shampoos and dips are effective for adult fleas.

Flea collars

Flea collars work one of two ways - by emitting a toxic (to fleas, anyway) gas, and by being absorbed into the animal's subcutaneous fat layer. The toxic gas is usually only effective in the immediate area of the head and neck. This type of collar is best used in the vacuum cleaner bags to kill any fleas vacuumed up. The collars that absorb into the subcutaneous fat are much more effective. Ask your vet what collars they carry. Collars are not for all pets - particularly cats that roam outside. Flea collars are effective for adult fleas. Some collars have an IGR, or Insect Growth Regulator, to prevent flea egg and flea larval development as well. However, because of some of the strong insecticides used on these collars they are not generally recommended for use on greyhounds, best to consult your vet before using one.

Flea powders and sprays

Flea powders and sprays offer short term (2-3 day) protection from fleas, and with some

products, ticks and mites too. Powders and sprays have fallen out of favour recently with the newer spot-on treatments that are available. Most flea powders and sprays are only effective for adult fleas, some offer additional flea protection by inhibiting flea egg and larval development (contain an IGR).

Spot-on treatments

These products are applied between the shoulder blades of the pet, and typically last about one month.

Spot-on treatments are effective for adult fleas. Some include ingredients to inhibit the larva from emerging from the flea egg and some are active against larval development as well.

Oral medications

Flea "pills", work by stopping the larva from emerging from the flea egg. Some are also available as an injectable medication. Fleas ingest the blood of animals on these medications, and the female fleas then lay eggs that are *unable to hatch*. They do NOT kill adult fleas. These medications are essential to break the flea life cycle and stop the flea problem when used in conjunction with flea adulticide treatments.

Flea control for your house and garden

Flea control doesn't stop after your pet has been taken care of! Only about 10% of the flea population (mainly the adults) are on your pet. The flea eggs, larvae, pupa, and the few adults that reside in the carpeting, bedding, and living areas make up approximately 90% of the flea population. Neglecting this population of fleas will ensure that the flea problem will continue and worsen over time

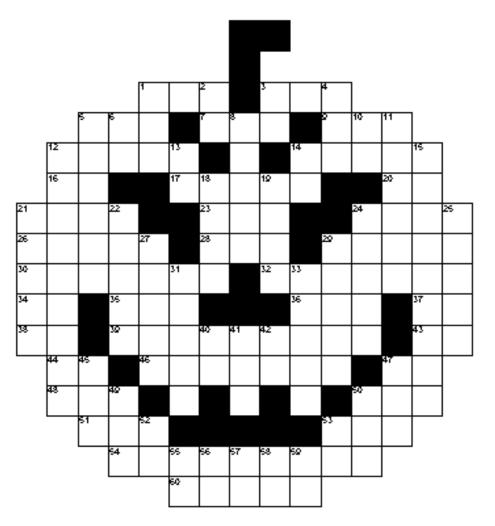
Daily vacuuming - this is very important for picking up adults, eggs, larvae and pupae before they develop. Putting a flea collar in the vacuum bag and emptying the bag frequently are also important; otherwise, the fleas will hatch, develop, and leave the vacuum to re-infest the living quarters.

Wash all bedding, clothing, and removable furniture covers.

Apply insecticide - Follow all instructions very carefully, remove all pets, people, and cover all food in the environment before applying insecticide, and make sure everything is dry and it is safe to return according to package directions. Take special precautions for pets and children - eating or putting items in their mouth, etc

Fun zone

Why not try our Halloween crossword, answers in December's edition of the newsletter



Constructed using Crossword Weaver, www.vanetygames.com.

ACROSS

- 1 Bar
- 3 Santa's helper
- 5 Car speed
- 7 Halloween animal
- 9 Student's transportation
- 12 Wading area
- 14 Popular costume
- 16 Dr.'s helper
- 17 Pleased
- 20 Pronoun
- 21 Shred
- 23 "To the right!"
- 24 Shampoo brand
- 26 Summary
- 28 Card game
- 29 Silent actor
- 30 A Volcano Island
- 32 Newborn
- 34 Denver's st.
- 35 It's served at 1 Across
- 36 Cow sound
- 37 Des Monies locale
- 38 Kilometre
- 39 Black and orange holiday
- 43 Hartford's St.
- 44 Pres. Clinton's home state
- 46 Printed silk
- 47 Disney Land location (abbr.)
- 48 Fisherman's tool
- 50 Sign language
- 51 Cooking need
- 53 Halloween mo.
- 54 __ on Elm Street
- 60 Halloween colour

DOWN

- 1 Doctoral degree
- 2 Canadian Province
- 3 Spielberg's alien
- 4 Federal Bureau of Investigation
- 5 European country
- 6 Public relations (abbr.)
- 8 It's in 34 Across
- 10 BYU's state
- 11 Outline
- 12 She's emancipated
- 13 Quiet!
- 14 It's next to 10 Down
- 15 Believing contrary
- 18 Water (Spanish)
- 19 Lowest in rank
- 21 What treats protect you from
- 22 Princess Jasmine's tiger
- 24 Pine tree nut
- 25 What you give costumed children
- 27 Seasoned rice
- 29 Sounded like a cow
- 31 Very large fruit
- 33 Nail filing board
- 40 Loudness unit (abbr.)
- 41 Bullfight cheer
- 42 It's next to OR
- 45 MGM's Lion
- 47 Time zone
- 49 Can metal
- 50 Expert
- 52 Caesar's 51
- 53 It comes between 21 Down and 25 Down
- 55 Computer memory unit
- 56 Hectolitre (abbr.)
- 57 Teacher's assistant, for short
- 58 Host
- 59 Anchorage locale (abbr.)

From the Zoo

Can you find the missing animals in this word search?

W	Η	Α	Т	I	S	В	K	Ο	Α	L	Α	В	E	Α	R	L
Α	С	K	Α	N	D	W	S	R	E	Т	S	Ο	Ο	R	S	Η
I	Т	Η	E	Α	S	N	D	Η	R	E	D	Α	Η	L	N	L
0	V	Α	E	R	Т	Α	Z	E	I	В	R	I	Α	N	I	С
E	N	Т	K	V	Α	В	V	Р	Х	Р	N	F	В	G	U	R
L	K	E	Α	G	В	L	W	D	Α	Ο	Ρ	K	Т	Μ	G	Т
E	G	E	N	Y	L	Q	S	Т	С	N	K	Ο	F	I	N	Ο
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Η	I	С	Α	I	M	L	R	Х	L	В	Ρ	Α	Т	Р	Р	E
Α	Z	R	R	Ο	Р	Ο	Y	Т	F	Т	F	Y	В	F	K	С
N	Z	Х	Ο	N	U	Q	Т	F	Y	F	R	G	Р	E	Т	Ο
Т	L	Q	Ο	S	Т	K	С	D	E	E	R	U	В	W	Α	N
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Α	\mathbf{E}	W	Μ	Μ	D	G	N	Р	E	Α	С	Ο	С	K	V	F
L	Α	N	R	G	Α	L	L	Z	N	L	E	Ο	Р	Α	R	D
S	R	Z	F	L	Ο	W	S	E	Ο	G	N	I	M	Α	L	F

bats	hippo	peacock
black bear	kangaroo	penguins
cheetah	koala bear	polar bear
deer	leopard	rhinocerous
elephant	lion	roosters
6 1 •		•

flamingoes Ilama seals

giraffe ocelot turtles grizzly bear panda bear wolf

Dates for the Diary

The date for our annual dog show has been arranged for <u>Sunday 8th May 2011</u> and will take place at our usual indoor arena at Caldwell's farm near Collessie. Further details and tickets will be on sale early in the New Year. These shows are not to be missed with some excellent prizes and trophies up for grabs for all our winners.

Novembers dog walk will take place on Sunday 7 November. Kinross. Leaving from the Kirkgate car park at 11am and walking along the side of Loch Leven to the Burleigh sands and back.

And finally

Your monthly newsletter is 2 years old this month (Nov) and we would just like to

thank everybody who has was initially set up to keep what is going on and to give

greyhounds in general and has to lift your grey, looking at

work around the world, medications as well as kennel update and fun all followers of GRF up to date with them some interesting tips/facts on covered a number of topics from how how other greyhound sanctuaries

the history of greyhounds, our regular dogs of the month,

page.

only had one person putting it all together and sourcing articles etc i.e. me !!! So to try and keep this monthly newsletter going would appreciate if as many people as possible can help contribute to it by either sending in articles for dog of the month or alternatively if they feel they have something to share that would be of interest to other grey lovers then don't be shy! Don't worry about spelling/grammar (As you will have seen I don't !!!) just email to myself at alexmorrison1965@btinternet.com

Anyway hope you have enjoyed the past 2 years worth of reading! And look forward to printing some of your stories/articles in the near future.