

# GRF



# NEWS

*Designed by Sally E Calder*

April 2011

*Changing the world .....  
One greyhound at a time!*

With the 4<sup>th</sup> dog show fast approaching we look at the various stalls and what to expect on the day. We have our regular features from the doghouse and dog of the month and this month in vet's corner we look at arthritis in greyhounds. We then have a new article, which we hope to run over the summer month's "holidays for dog " with this month looking at Greenpark holiday wigwams. Before ending with our fun zone. I hope you enjoy and also hope to meet with as many if you as possible at the show.

## **Kennel update**

**Incomers:** LUCKIE, WILF, RICK, CRYSTAL, PATCH, LADDIE, DAISY, DENNIS, SPECKS, ISIS.

**Outgoing:** LUCKIE, WILF, LACEY, QUEENIE, BELINDA, COCO, MINNIE, BEN, MAJ, JAZZ.

10 in and 10 out!

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## **Thank you**

Now that the weather is a little bit better we would just like to thank all our followers for coming along to our last 2 dog walks. Both have been extremely well attended and has helped raise the greyhound profile across once more as well as raise much needed funds for the kennels.

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## Dog Show

As I write this there is only a few weeks to go before our dog show !! to which once more we have had a tremendous response particularly from Moffat catering who are our main show sponsor and from Pet's at Home who have supplied us with our class prizes this year, so to Pamela and William thank you very much for your support of this worthwhile cause. Our show this year has the standard format for the various classes and along with our regular tombola, home baking, Fly collars, Phoenix cards, GRF merchandise and Dave & Helen's white elephant stalls we also have a home made jewellery stall, a variety of greyhound artwork, key rings and our regular kids stall run by Michele and Nic. Between classes why not have a browse around some of these stalls and see what they have to offer.

The venue will be well sign posted on the day but a map can be downloaded from our dog show page on our site. For those of you who have never been to one of our shows before the event is indoors!! An added advantage when trying to plan events such as this in Scotland!!! We also have access to the field next to the show ring to allow people to walk their dogs before, during or after the show.

The event is open to all dog breeds not just greyhounds however if you have been one of these people who are a bit unsure about adopting a retired greyhound then this will be the perfect event to come along to and speak to many of the "converted" as well as our greyhound experts Celia and Jimmy or just get a tea/coffee and watch the dogs strut their stuff !

Although you can pay at the door on the day we still have advanced show tickets for sale. Buying them in advance not only helps GRF plan for the event but also allows you entry to a free prize draw during our first parade of some of our current "inmates" These can be purchased from our Baltree kennels, at our next dog walk or from myself (email me for details).

Now is the time to advertise our event as wide as possible and at the end of this newsletter there is a poster. Hopefully as many of you as possible can print this off and get displayed in various areas across Fife and Central Scotland! I will have some extra printed ones with me at the next walk please see me if you wish some. With all your support we can make this another excellent show and a great day for GRF.

[alexmorrison1965@btinternet.com](mailto:alexmorrison1965@btinternet.com)

### ***Sponsorship opportunities:***

Once again our sponsorship packages/opportunities have sold really well to the extent we only have one remaining (see below). All sponsorship will be acknowledged on our web site (with any

company links) and show program along with any adverts and logos. A thank you certificate will also be sent to every sponsor.

## **Still for sale - Hall sponsorship (£100)**

Included in this price is all of the above sponsored items plus any advertisement around the hall and 4 free tickets for guests.

### [2011 Greyhound Rescue Fife Dog Show Sponsors:](#)

#### **Best Junior handler**

*Sponsored in memory of STAR Bradford.*

#### **Best Male Greyhound**

*Sponsored by ANU who thanks GRF for all that was done for her.*

#### **Best Female greyhound**

*Sponsored by McCurdy family.*

#### **Best Loveable face**

*Sponsored by Gary Cousland area manager for Pets at Home.*

#### **Best non-greyhound**

*Sponsored in memory of "The late Mollie Jackman, Pauanui, New Zealand".*

#### **Best family of dogs**

*Sponsored by Pets at Home Falkirk.*



**All class trophies sponsored on behalf of**  
*'Foxy Roberts Fitness Club'*



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## From the Dog house

LEN is a big confident boy. He is strong and needs to be trained to slow down when walking. There is not a bad bone in his body however and he will be a very loyal pet. Len is also neutered.



If you think you can give LEN a good forever home please give us a call. Positive replies only please.

By Phone: 01592 890583  
Please leave a message and we will get back to you if we are unable to answer your call.

email:

[FERNIEJIMMYF@aol.com](mailto:FERNIEJIMMYF@aol.com)

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## Lucky Number -April draw

62 numbers were sold for April's lucky number draw giving us a prize fund of **£124.00**. Which is split as **£74.40** to GRF and **£49.60** to the winner.

Jimmy picked the winning number at the end of the walk which was number **18** belonging to Fiona Smith. It was a bit like waiting on buses for Fiona in all the time it has been running she had never won anything but has now won the last 2 !!!! Anyway it was good news for GRF as she donated her share of the winnings to them meaning the hounds received the whole prize fund of **£124.00!**

Thank you very much Fiona, it is much appreciated by the hounds !

How to take part - it's simple - £2.00 buys one number per month. This number is entered into the draw and the split of winnings is 60% of the prize fund to GRF and the remaining 40% to the winner. The more people who participate the higher the prize. If you wish to take part you can email me at [grfluckynumber@yahoo.co.uk](mailto:grfluckynumber@yahoo.co.uk) and I can let you know the available numbers to choose from and payment can be whatever suits each person, eg, you can pay each month at the walks, you

can pay in advance and pay for X number of months or you can pay monthly directly in the dedicated bank account.

Thanks again for everyone's support.

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## Dog of the month

April's dog of the month is BLACKIE here is his story:

I am beginning unfortunately with some sad news and that is the passing away of my father (last August), an Australian dog-called Brett Lee. (Run free over Rainbow Bridge Dad!)

Due to my distinguished lineage Uncle Jimmy said " He should be supersonic", however I am not!!

*This is my new life one year on.....*



## **Interests.**

I love walking, eating, sniffing, sleeping and I'm quite musical really.

One of my favourite songs is by an Australian band called AC/DC, I think its called BLACKIES BACK! You know the one.

I also enjoy singing when George accompanies me on the harmonica, especially the blues songs. In fact, I'd like to dedicate my blues to my fellow hounds waiting for their forever homes.

## **Attitude.**

My motto as decreed by my attitude is " People, you must wake up, embrace and seize the day!! (Regardless of the weather!). I love life and always try to encourage and enthuse those around me.

(Yes Blackie can be relied on to put a smile on your face first thing in the morning this sets you up nicely for the day. Geo.)

## **Celias Wisdom.**

When I first arrived at Debra and Georges I felt rather excited, It was all so new, All I knew before was Kennel life. Once I had settled and Uncle Jimmy and Aunt Celia were about to leave Celia turned, held my head in her hands and with much wisdom whispered in my ear. "Dinae muck it up now, be a good boy".

took this wisdom to my heart and ran with it.

## **Whilst on the run.**

Now, whilst on the run I have made some good friends. Take for instance the Reverend Cameron Mckenzie, or as he is known to me Cammy the biscuit. Known as this because if you give him an enthusiastic welcome and gently round him to the church kitchen, sit and give him a paw. yep you guessed it, he gives you a biscuit. This tactic I have found, also works with most church elders !!!.

I have managed to persuade Cammy that it's a good idea to let me have the run of the church, now when I say run I actually mean run! Yep, up and down the church isles ect.

It's ok because I'm the only dog mentioned in the bible and I'm mentioned for being so graceful in full flight!!

It also helps that Rev McKenzie is a dog lover who has a Great Dane.

Other friends I have made on the run, two king Charles spaniels, they are mother and daughter. Their owner has fond memories of Greys from her childhood and is always happy to see me. A golden lab called Honey, she's the first dog I tried to get to know and practice my clumsy social



I

skills with, and she is always happy and full of fun... There is also two red setters "the super models" but they walk past all aluffe with their noses in the air no matter what you do!

### **Responsibilities.**

I feel my greatest and most important responsibility to my family is to ensure that I am there and always available when things aren't going to well for them or when worried or troubled. Or indeed, I'm there to share joy and happiness or simply to cuddle up and relax for the love of it. Yeh, lets share a biscuit and tell me all about it!!!!.

Hey, It's what I do.



If you enjoyed reading about BLACKIE and would like to share your own dogs characteristics with us then please send in to [alexmorrison1965@btinternet.com](mailto:alexmorrison1965@btinternet.com)

## Vets Corner

### Athritis

#### **Is it true that the majority of Greyhounds have arthritis?**

I don't know if I'd say a majority. Dogs that have suffered joint injuries are susceptible to osteoarthritis, and with the trauma racing Greyhounds go through it is not unusual.

#### **What are some symptoms of arthritis?**

Pain in the joint is the most common however there can be lethargy, swelling of an affected leg or limping. Reluctance to climb stairs, difficulty jumping into a vehicle, increased stiffness, particularly after resting, or lagging behind on walks may also be indicative of canine arthritis. Dogs are unique in the sense that they do not require inflammation or pain prior to the formation of degenerative changes in the joint. In some cases we do not have any idea how or when these changes began, but once started there is a negative snowball effect.

#### **Are there other conditions that can cause similar symptoms?**

Yes - there definitely are. Canine tick diseases, for one. Also, joint infection and, very commonly for Greyhounds, cancer.

#### **What, in your opinion, is the best way to treat arthritis in a Greyhound?**

With a multimodal approach that includes the following:

- Weight loss
- Disease-modifying osteoarthritis drugs (DMOADs)
- Non-steroidal anti-inflammatory drugs (NSAIDs)
- Diet - mainly by adding Omega 3s
- Exercise/Physical therapy
- Regular evaluations by a veterinarian

In her book *Dog Health and Nutrition for Dummies*, M. Christine Zink, DVM, talks about the benefits of swimming for dogs with arthritis. Since it is a non-weightbearing activity it will strengthen the cardiovascular and muscular systems without placing excessive stress on bones and joints.

Many pet owners wrongly assume that their dog is just getting old, without considering that they may be suffering from arthritis, which can be treated.

#### **Are you aware of any treatments people have tried that are harmful and that should be avoided?**

Asprin - it causes GI bleeding and should not be given to your Greyhound.

Whatever you do, do not give prednisone and asprin or other NSAIDs together unless directed by your veterinarian. Doing so may cause an ulcer or even death.



**What has been your experience with Greyhounds taking Glucosamine? Does it make a difference?**

I know there is a lot of talk about supplements. The problem is that none are approved or monitored and reports are based on anecdotal responses. Believe it or not there is a 40 to 60 percent placebo effect in humans as well as in animals that are evaluated by humans. This percentage is very high - in my opinion a product should show an 80 to 90 percent rate of improvement.

**Is it true that the Glucosamine added to kibble or treats is of negligible value as far as joint health is concerned?**

Glucosamine in this form probably will not hurt, but no one is sure how much actually crosses over into the joint. If you are choosing food or treats with Glucosamine to achieve an optimal level of supplementation, feeding your Greyhound a prescription diet is the best way to do this.

**Have you found any other supplements to be helpful in treating or managing arthritis in a Greyhound?**

Foods with high levels of EPA (Eicosapentanoic Acid), an Omega-3 found in high concentrations in fish oil.

**Do you have any recommendations for preventing or delaying the effects of arthritis?**

Keep dogs thin and supplement their diet with Omega 3s. Also, making sure your Greyhound is routinely screened by your vet for signs of arthritis is important for early detection and treatment.

*Printed form kind permission by Toby Carmichael, DVM*

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## **Holiday for dogs**

### **Greenpark Wigwams, nr Banchory.**



In our first holiday for dogs article (and hopefully not last !!) we look at Greenpark wigwams near Banchory, where the owner David Clark runs a dog friendly establishment and has also donated a 2 night stay for our dog show raffle.

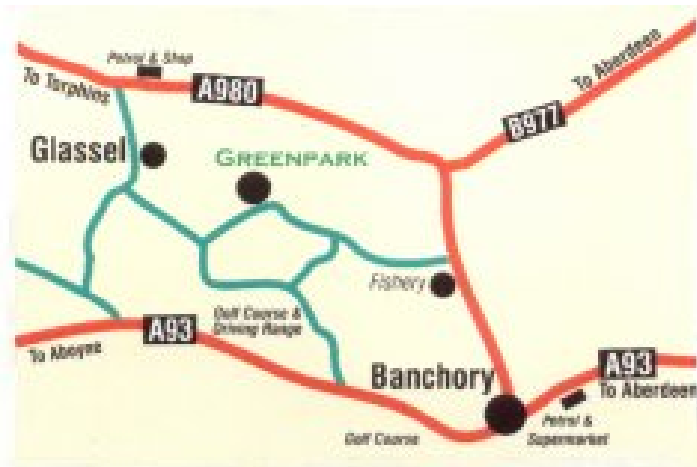
We came across Greenpark Wigwams several years ago while looking for somewhere dog friendly and within an easy drive from Dundee. Located a couple of miles from Banchory we've been back numerous times at various

times of the year and if you're looking for a quiet break look no further.

The 3 wigwams are situated below the main site next to the Burn of Canny, which is a great spot to look for birds. We've seen buzzards, dippers, tree creepers, tits etc and on the Nature Trail there is a bank where the sand martins nest and deer can be seen in the forest.

There's a fridge and microwave in each wigwam and BBQs and picnic tables outside. Take your own bedding and cooking/eating utensils. The table area inside the wigwam fills in to become sleeping space. We had plenty of space for two adults and the dogs and on a couple of occasions had the kids as well. They loved exploring the stream.

On our first visit we played tourist with Balmoral, Craithie Kirk and Braemar up the road. There are also National Trust Scotland properties in the area. Plenty of things to do or not do as the mood takes.



David Clark, the owner, has very kindly donated a voucher entitling 2 Adults to two nights stay in a wigwam, which will be a raffle prize at the GRF Dog Show. Thank you very much, David, your generosity is much appreciated! Take a look at Greenpark's website at [www.greenparkleisure.co.uk](http://www.greenparkleisure.co.uk) for more information.

Why not share your "dog friendly" holiday experiences with us and we will publish in our monthly newsletter. You can make it as long or

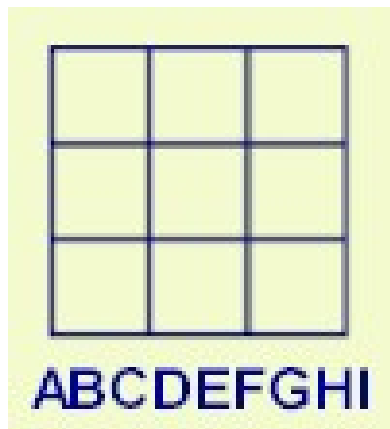
short as you wish, we really just want to know where you holidayed and what it was like. Send to [alexmorrison1965@btinternet.com](mailto:alexmorrison1965@btinternet.com) and headline it "holidays for dogs" Alternatively if you know someone who has a holiday home/cottage why not get them to write an article about themselves and get free publicity as well! I hope to run several of this type of article over the summer months but can only do with your help and support, so get reviewing!!!

## Fun zone

Last month's Mega suduko answers

### Solution

8	F	3	1	2	5	E	7	4	C	6	D	9	G	B	A
G	A	2	5	B	3	4	9	7	F	E	1	6	8	C	D
7	D	B	6	C	F	G	1	3	8	9	A	2	E	5	4
9	C	4	E	8	A	6	D	G	B	2	5	3	F	1	7
E	G	F	7	A	9	5	8	B	D	1	2	C	3	4	6
A	5	D	4	3	6	2	F	E	G	8	C	B	1	7	9
C	2	1	9	G	4	B	E	A	3	7	6	D	5	8	F
6	B	8	3	1	D	7	C	5	9	4	F	E	A	G	2
D	4	9	C	F	B	8	3	2	E	5	G	7	6	A	1
3	E	A	8	7	2	9	6	F	1	C	4	5	B	D	G
5	7	6	B	D	1	C	G	9	A	3	8	4	2	F	E
F	1	G	2	5	E	A	4	6	7	D	B	8	C	9	3
4	6	7	F	E	G	3	B	8	5	A	9	1	D	2	C
B	8	E	D	4	C	F	2	1	6	G	7	A	9	3	5
2	9	C	A	6	8	1	5	D	4	F	3	G	7	E	B
1	3	5	G	9	7	D	A	C	2	B	E	F	4	6	8



- Place the alphabets A to I into the 3 × 3 box.
- E is to the right of C.
- A is to the right of G which is above B, which is to the left of F.
- I is above D which is to the left of G.

• There are Six 6s. Put any mathematical operator in the equation to make the target number of the equation equal to 100.  $6\ 6\ 6\ 6\ 6\ 6 = 100$

## Dates for the Diary:

- **Sunday 1 May. KINROSS.** Leaving Loch Leven Kingsgate car park at 11am.
- **Sunday 8 May. COLLESSIE. 4th Annual Dog Show.** See details on our web page
- **Sunday 5 June. GLENROTHES.** Leaving Riverside Park car park at 11am.
- **Sunday 26 June. DUNDEE.** Great British Greyhound Walk. Location and starting time to be arranged.
- **Sunday 7 August. LOCHORE.** Leaving the Lochore Meadows Country Park car park at 11am.
- **Sunday 4 September. KIRKCALDY.** Leaving Ravenscraig Park car park at 11am.
- **Sunday 2 October. PERTH.** Leaving Perth Bells Sports Centre car park at 11am.
- **Sunday 6 November. St. ANDREWS.** Leaving the West Sands car park at 11am.

## And finally

Remember we are still on the look out for prizes for our show raffle along with any items for our tombola, the more prizes we have the more money we can raise for the kennels and help make our current "incumbents" as comfortable as possible while they await their new forever homes.

On the day (or the day before!) we would hope as many of you as possible can provide some home baking for our cake stall. This is always a popular stall so why not bring along your goodies!

If you can help us advertise our event or can maybe sell some tickets for us then please get in touch with myself [alexmorrison1965@btinternet.com](mailto:alexmorrison1965@btinternet.com) alternatively you can download our poster from our web site or photocopy the one at the end of this newsletter. Lets help make this the best show ever.

Also look out for our "dog show" special newsletter next month !