

# GRF



# NEWS

*Designed by Sally E Calder*

September 2011

*Changing the world  
one greyhound at a time!*

In this month's issue we give our regular kennel update and look for your support to keep us in first place in the RBS community force appeal. We also give some tips on dealing with fireworks and dogs and once again have a couple of dog treat recipes for you to try out. I hope you enjoy

## Kennel update



As many of you will have seen from the forum our new automatic greyhound walker has now been installed although has to be temporarily disabled until the floor is ready. Currently we are still awaiting planning permission to put a roof on it !! (ed. Can also be used for clothes drying !! especially if the dogs catch site of a mouse !!)

Unfortunately we have not been very successful in planning applications as we recently had our application to build a managers house next to our kennels turned down !! this is currently under appeal but is very disappointing news. We await the appeal before deciding our next step.

Unfortunately due to exceptionally rainy weather we had to cancel our last walk in Perth. Apologies for the short notice of this but we feel it is always better to be safe than sorry and if everybody else's greyhounds are as reluctant of the rain as our two you would have been struggling to get them out the car anyway !!!! We would advise all hoping to come along to any of our walks to keep an eye on our forum in case of severe weather. Hopefully the weather will improve for our next walk (see dates for the diary section)

***Have you voted yet ! in the RBS Community force***

PLEASE \_ PLEASE \_ PLEASE could you help Greyhound Rescue Fife. Below is full details of our appeal

GRF last year had frozen overground water pipes on 30 days in the winter. Water had to be carried overland for kennel cleaning, toiletries, clothes washing and for tea. All this through two feet of snow. To overcome this we have sunk a borehole and we are connecting a deep trench to take water underground to avoid freezing. This is costly but the Royal Bank of Scotland have offered three prizes of £6000 for worthwhile projects. We have entered along with 29 other projects. It will be decided by voting. The top three get the money. We are lying first, at the moment, with eleven days voting to go.

Please can you help us stay there ? If so, go to:

<http://communityforce.rbs.co.uk/project/387>

You will simply have to register ( name, email address and some password ) and then vote ---- for Greyhound Rescue Fife 🐕.

Please help. Ask your friends too.

***Greyhound Rescue Fife***

To create a free permanent water supply to the kennels which will not be affected freezing winter conditions. A bore already exists, pipes need to be laid from there to the kennels at a depth to prevent freezing.

**What does your charity/project do?**

Greyhound Rescue Fife is a sanctuary for unwanted greyhounds, whippets and lurchers. Since it's formation in 2005 GRF has saved the lives of and rehomed 500+ dogs.

## **How does your charity/project support the local community?**

GRF is totally reliant on and proud of its volunteers which include people from the Duke of Edinburgh Scheme, people on work training schemes, on probation, special needs, future vet/vet nurses.... Rehomed dogs have become Therapets which suits a greyhounds laid back nature. Dogs don't judge people and where some volunteers have difficulty communicating with people the hounds love you regardless. GRF is a family which gives many people a purpose to their lives.

## **What do you plan to use the CommunityForce award for?**

Last winter the kennels had no running water as the underground supply pipe froze. Volunteers had to carry water for kennel cleaning, drinking, toilets, everything in fact from nearby stables. This summer the founders sunk a bore hole for water (funded out of their own pocket) but now pipe needs to be laid to connect the bore to the kennels. Creating a free permanent water supply will cover health and safety issues raised last winter - kennel cleanliness, volunteers physically handling weights

## **2012 Calendar**

GRF is currently putting together models and sponsors for our next calendar It will be a 12 month calendar and to ensure it's a financial success for GRF we need to find a sponsor for every month. The suggested minimum donation is £25. If you or anyone you know is interested in sponsoring a month please get in contact.

Last year we had a number of supporters who sponsored the page featuring their dogs photo. You do not have to sponsor a page to get your dogs photo in. In 2010 everyone who submitted a photo had it included in the calendar. Preference will be given to dogs who have not been in past calendars. Please email your photos to Michele at [marfykiwi@sky.com](mailto:marfykiwi@sky.com)

We hope to have these on sale on the run up to Christmas thus making them excellent gifts for family and friends, watch this space !

## **Incomers**

ANGIE, BETTY, COADY, SHEBA, ROCKY, BEAU, BOY, SUKIE, MISSIE, SAMMY 2, LASS, MAJ

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## Outgoing

MICK, BOOTS, RUE, FIRE, LASS, SHEP, SYD, CHOPS, ANNIE, BOY, JACKSON.

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## From the Dog house

BLUEY is a little girl who has a 30 second burst of sheer enthusiasm when she knows she is going walkies. She soon settles to walking well on a lead. She loves being with people and travelling in their car. She is fully vaccinated.



*Do you have it in you to give BLUEY a new home Then contact Jimmy/Celia on **01592***

**890583.**

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## Thank You

### charity night for the dogs

Recently Esther organised a charity night for the dogs at the Linlithgow Rose club there was a guy from the complete stone roses along with a DJ and raffle. A good time was had by all that attended (and a few sore heads I believe the morning after !!!!). In total **£401** was raised for the dogs !!!! thank you very much Esther and all involved.



## St. Andrews University Help.

GRF had a group of volunteers who visited our kennels from St Andrews University. They gave us excellent assistance, which we appreciated very much. To make things even better, great friendships were formed and they have agreed to return every month to help. The picture shows the group, Kirsty Paton, Aida Sincheva, Isla Burns, Claire Stewart and Russell Murdoch, with Celia and Jimmy.



Recently we also had a mixed group of volunteers from a variety of firms who came to use their one volunteering day per annum to help our dogs. They gave us great assistance and we thank them for helping us, and we thank their employers who allowed them to come along, we certainly appreciated all your help, especially our dogs who always look forward to new friendly faces.

The photo shows Douglas Stewart from Lloyds Banking Group, Kimberley Steedman and Sheena Morrison from Pets at Home Pentland store, and Susan Pearson, our GRF volunteer with Celia, Jimmy and some of the " inmates

## Visitors from USA

Many of you who have been reading the newsletter from the beginning will remember we ran a monthly feature of "greys around the world! Which featured organisations like ours around the globe. Although not featured we had two visitors from Virginia Greyhound Rescue in USA ! Kristen and Gyeong Park from. New friendships were born and greyhound rescues were compared on both sides of the Atlantic. Greyhound Rescue Fife hope that our new friends had an enjoyable holiday in Scotland and wish them a safe journey home.



## Lucky Number draw

In the September luck number draw 57 numbers were sold giving us a prize fund of **£114.00**. which was split at £68.40 to GRF and £45.60 to the winner.

Celia drew the winning number and the "unlucky for some", **number 13**, but not for Sandie Young who received a cheque for **£45.60**.

Congratulations Sandie and thanks again to everyone who participated in this draw

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## Dog of the month

If you would like your dog to appear in this section of the newsletter why not send in an article similar to previous newsletters along with a couple of pics to [alexmorrison1965@btinternet.com](mailto:alexmorrison1965@btinternet.com)

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## VETS CORNER

### Tips for Keeping Pets Safe and Calm on Guy Fawkes Night



**Dogs and fireworks don't mix!**

Below you'll find some tips for keeping pets safe and calm on Guy Fawkes Night. This is important as while many people enjoy fireworks, most animals are frightened by them.

- Never take your dog to a fireworks display.
- During the fireworks season, at nightfall, close all windows, cat flaps and curtains and put on some music to mask and muffle the fireworks sounds.
  - Keep your dogs and cats inside before fireworks are let off.
- Make sure you walk your dog earlier in the day before the fireworks start.
- Let your pet pace around, whine and hide if that is what he/she wants to do.
- Never show anger to your dog if he/she appears frightened - this will only convince your pet that there really is something to be afraid of!
- Make sure your dog or cat is kept in a safe and secure environment at all times, so that he/she can't bolt and escape in reaction to a sudden noise.

- Make sure your dog is wearing a collar with an ID tag, even while in the house. Also if you have had your pet micro chipped you will certainly improve the chances of them returning safely.
  - Prepare a "den" for your pet where it can feel safe and comfortable. This could be under your bed with some of your clothes. Your pet may like to hide in the den before the fireworks start.
  - Avoid leaving your pet alone during events when fireworks are being used near your home.
  - Don't tie your dog up outside whilst fireworks are being let off. This includes outside a shop, or in your garden.
  - There are several medical devices/drugs on the market that may help calm your dog on the day, but we would advise consulting your vet before purchasing.
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## RECIPES

### Homemade Dog Treat Recipe Liver Treats

1 lb. beef liver  
1 cup whole wheat flour  
1 cup cornmeal  
12 - 14 cloves garlic  
2 eggs

Puree liver and garlic in food processor. Add eggs, whole wheat flour and cornmeal. Grease cookie sheet and pour mixture onto cookie sheet. Bake in 350 oven for 20 minutes, flipping over halfway through baking. Cut into desired sized squares.

You can place 1/2 of this recipe in a tupperware and keep in the fridge. The other half you can freeze.....these freeze well.



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## Homemade Dog Treat Recipe Banana Biscotti

5 cups flour  
1/4 cup peanuts, chopped  
1/2 teaspoon baking soda  
1 egg  
1/4 cup vegetable oil  
1 1/2 cups banana, pureed  
2 teaspoons vanilla  
water

Preheat oven to 325F. Place dry ingredients in large bowl. Make a well in the center. Blend egg, oil and banana together. Add into the dry ingredients in well. Start combining together. Add water, one teaspoon at a time as needed. Knead by hand on table until mixed thoroughly. Form into logs approximately 2" - 2 1/2" high. Flatten so that log is 6" - 7" wide by 1" high. Place on non-stick baking sheets or lightly greased ones. Bake 30 - 40 minutes. Remove and cool for 10 minutes. Slice into 1/2" - 3/4" slices. Place on baking sheets and bake for about 20 minutes or until golden brown. Cool. Store in airtight container.

Do you have any recipes that you would like to share with our readers then why not send in to [alexmorrison1965@btinternet.com](mailto:alexmorrison1965@btinternet.com)

### Dates for the Diary

- **Saturday 29 October.** Coffee morning in the church hall in Kinghorn in aid of GRF.  
(See Lynne Cullinane's forum post on 23 August for details.)
- **Sunday 6 November dog walk.** St. ANDREWS. Leaving the West Sands car park at 11am.

## Fun Zone

This month we have some music trivia questions, answers will be in next month's issue enjoy

1. Q. Which land did Puff The Magic Dragon live in?
2. Q. What word means gradually getting louder and louder?
3. Q. Which musical instrument derived its name from the Italian words for soft and loud?
4. Q. Who is the Greek god of music?
5. Q. Who wrote the opera Madam Butterfly?
6. Q. Which US city hosted the 1985 Live Aid concert?
7. Q. What units are used to measure sound intensity?
8. Q. Who changed his name from Gordon Sumner to top the charts?
9. Q. Which Disney film features the song 'The Bear Necessities'?
10. Q. Martin Fry and Mark White were members of which 1980's pop group?
11. Q. Which soccer side had a hit with 'I'm forever blowing bubbles'?
12. Q. With which heavy metal band did Ozzy Osbourne come to fame?
13. Q. In Money for Nothing by Dire Straits, what sort of ovens did they sing about?
14. Q. How many members of Abba were Swedish?
15. Q. The song "I'll be there for you" is the theme to which TV show?