

# Greyhound Rescue Fife

*“Adopting just one Greyhound won't change the world, but the world will surely change for that one Greyhound.”*



## Happy New Year!

Hello and thank you for taking the time to read the official Greyhound Rescue Fife newsletter!

Hope you have all had a great start to the year, It certainly has at the kennels with 12 dogs homed already. The kennels are quieter than they have been for a while but this will be a good thing if the Beast From the East returns!

We hope that you enjoy this issue!

### Dog Walkers Needed!

We are always looking for dog walkers but please don't just turn up. Give Jimmy or Celia a phone first to arrange an induction day and get all the info. John – The GRF Webmaster has also set up a Calendar on the forum which hopefully in the future will make it easier for everyone to check when help is needed and book themselves in. However, anyone new to dog walking at the kennels must get an induction first. Celia and Jimmy's contact details are on the GRF website.



### Kennel News

Find out who has found their forever homes and who is new at the kennels...



### Meet Apollo

He is the dog of the month for January, find out more about this adorable boy...



### Sea Dawg

Find out the health benefits of seaweed...

## Kennel News

Since the last edition the kennel welcomed two new dogs; Blitz and Sandy. In the same time Twelve dogs have found their forever homes! These were Marty, Poppy, Lass, Yogi, Jeff, Tara, Ariel, Sandy, Blake, Jake, Apollo and Quest.

## Your Stories

Since this is a community newsletter we would like to include more of your stories. If you have recently homed a hound and would like to let us know how they are settling in, if you would like to share a story about a recent trip or any other story about your hound then please let us know and we can share it in the newsletter! Email your stories to [grfnewsletter@gmail.com](mailto:grfnewsletter@gmail.com).

## Dog of the Month

**Apollo**



I am happy to announce that Apollo found his forever home this month!

## Monthly Walks

13th January, West Sands, St. Andrews.



## Typical Hound

Happy New Year! I hope you are all sticking to your new year's resolutions, I certainly am!  
 In case you were wondering I resolved to do more yoga, tidy up more and eat more healthy food!

Okay....you got me! Let me translate..."I resolved to do more roaching, tidy up more crumbs from the carpet and eat more healthy food!"

*TH*



## Thank You!

Two very nice young ladies, Steff and Clare, from Pets at Home Kirkcaldy arrived at the kennels to give us a hand on their day off.

They also brought lots of food for our dogs.

They helped us with the walking and feeding and at the end of the day they gave us a huge surprise...The store had collected for us in the Santa Paws Christmas Appeal a total of £3127.00 !!!!! A mammoth sum.

This is the most that any Pets at Home Store has ever collected for us.

Thank you so very much Steff and Clare and your colleagues at Kirkcaldy Pets at Home. Celia, Jimmy, the Staff and the grateful greyhounds at Greyhound Rescue Fife.

## Barry 'n' Sue

**You know the dogs have taken over when...**

We were talking about how much having our two have changed our lives for the better, we then realised that there was some other ways our lives have changed.

1. We used to watch TV from the sofa, that is now usually occupied!
2. My Facebook newsfeed was not 97% greyhounds.
3. The words "tea time" didn't start a stampede!
4. Our wallpaper was still in one piece
5. Hannah has had to get a bigger car
6. I didn't realise how much love it was possible to give and get back from dogs!



## Doggy Doos

### Sea Dog!

Powdered kelp and other seaweeds are rich in nutrients, high in protein, low in fat and is very good for dogs for multiple reasons, here are a few;

Adding a sprinkle of kelp powder to their food is thought to boost the immune system.

It is rich in iodine which helps improve thyroid function.

It is thought to improve recovery after cancer treatment as it helps to remove heavy metals from the bloodstream.



They can help support diabetic dogs and those with heart conditions too.

Helps to maintain a healthy, shiny coat of fur.

It also contains some minerals that help keep teeth and gums healthy (this should not be used a replacement for brushing though!).

If you want to try this there are many stockists online and in pet shops, just make sure it is dog safe and ideally organic too!

Billy says “ARRRR, if you want to look as good as me, eat yer kelp!”

Source: Dogs Naturally Magazine



## With Thanks

I would like to thank Jimmy, Celia, Hannah and Steve for their contributions to this issue.