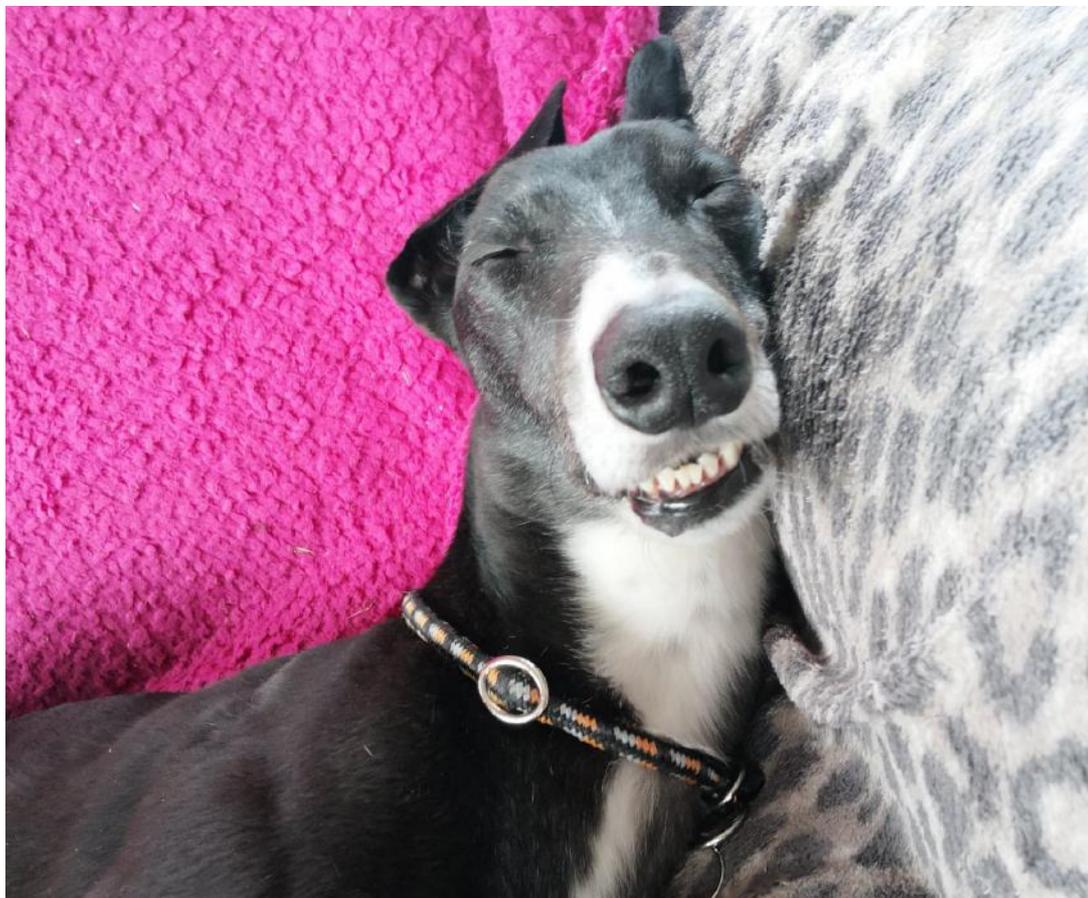


Greyhound Rescue Fife

"Adopting just one Greyhound won't change the world, but the world will surely change for that one Greyhound."



1300 Hounds in Forever Homes!

Thank you for reading the official Greyhound Rescue Fife newsletter!

You read it right, this month we homed our 1300th dog, Whisper! Well, Whisper went home with Alex so we've technically had our first century dead heat. Im sure you will all agree that this is an amazing achievement! Congratulations to the amazing team of staff, volunteers and, of course, hound parents who have made this possible!

If you would like to home a dog from Greyhound Rescue Fife call Jimmy and Celia on 01577 850393 or 07826 244765 or you can email ferniejimmyf@aol.com to arrange a suitable time to meet your new member of the family!



Kennel News

Find out who has found their forever homes and who is new at the kennels...



Meet King

He is the dog of the month, find out more about this handsome boy...



Separation Anxiety

Find out how to keep your hound relaxed while home alone...

Dog Walkers Needed!

We are always looking for dog walkers but please don't just turn up. Give Jimmy or Celia a phone first to arrange an induction day and get all the info. John – The GRF Webmaster has also set up a Calendar on the forum which hopefully in the future will make it easier for everyone to check when help is needed and book themselves in. However, anyone new to dog walking at the kennels must get an induction first.

Celia and Jimmy's contact details are on the GRF website.

Kennel News

Since the last edition the kennel welcomed seven new dogs; Bracken, Tess, Zulu, Whisper, Reuben, Lowry and Flora. In the same time thirteen dogs have found their forever homes! These were Skippy, Sammy, Paul, Rodney, Bracken, Vinnie, Sally, Sassy, Tiger, George, Whisper, Alex and Rocky.

We are delighted that brothers, Skippy and Sammy (now Romulus and Remus), have found their forever home together after nearly two years looking for the perfect family! We hear they are settling in very well. Well done boys!

Dog of the Month

King



“King is a lovely boy with a very sweet face and character. A quiet lad who likes to keep his kennel clean and is very easy to walk. A real favourite with staff and volunteers! He will make a very loving pet.”

Monthly Walks

14th of July, Ravenscraig Park Kirkcaldy

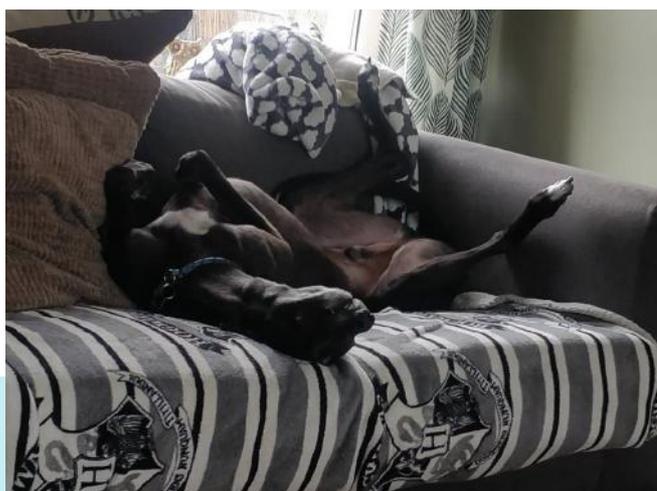


Monthly walks take place on the second Sunday of every month and are great way to meet other owners and let dogs socialise with each other. The next walk is on 11th August at Blairadam Forest in Kelty.

Barry 'n' Sue

Sofa Stealers

Since moving into our new house, we tried to set up the living room perfectly so that we had our sofa and an armchair and Barry and Sue had their own mattress. At first this worked well, they both had plenty of space on their bed and they could still see outside while keeping an eye on Mummy and Daddy. Before long (probably because Barry likes to stretch out) Sue claimed the armchair, this was now hers. It got to the point that if you were sitting on the arm chair, she would starting crying and throw a tantrum and because you can't resist those adorable big brown eyes, we get off of her chair and sit on the floor. It was long before Barry decided his memory foam mattress wasn't good enough either and he wanted up on the sofa. He would pace and cry and stare at us until we made a space for him on the sofa, being a two seater sofa, one of us was eventually kicked onto the floor. We have since given up and bought a new sofa and given our two seater sofa to them. Clearly they are spoiled rotten! Evenings were more peaceful, we had our own sofa to enjoy to ourselves, Barry was stretched out on the two seater and Sue was on her armchair. Surprise, surprise, the peace did not last long! Barry had decided a sofa to himself wasn't for him and he wanted Sue's armchair. Much to Sue's displeasure! We now have to deal with weekly tantrums while Barry and Sue argue who gets to sit where, it's honestly like having toddlers in the house!



Typical Hound

Hey folks! I hope you've been enjoying the sunny weather! I have been trying to, unsuccessfully! On the first day of the hot weather, I got too hot and had to hide inside in a cool room. Since then, Mummy has been way too overprotective! On afternoons when I have been trying to top up my tan, she interrupts me with her big stupid umbrella and puts me in the shade! I then move to a different sunny spot and she will come back out with a horrible

Curtains

As many of you know, Sheila and a friend make dog beds out of duvets and curtains which they sell for £8 each to raise money for GRF. If anyone has curtains which they no longer require, could you bring them along to the kennels for them to pick up. They need to be in reasonable condition and of fairly strong material.

NB please don't bring duvets - we have an endless supply of these from another charity.



Thank You!

Pick 'n' Mix Cause for Paws raise funds for dog charities by painting Willow-Ivey jute bags in their spare time to sell and donate proceeds. Recently Beverly from the team donated dog beds (made by Gill at Pick n Mix), Bowls, treats and £200.00! Thank you ladies!

Doggy Doos

Separation Anxiety

Sometimes our hounds can become stressed while we are out and have to leave them at home. Most ex-racing greyhounds have come from very busy kennel environments so being alone can feel quite scary to them. Some deal with this better than others so I have compiled a list of things you can try to keep them more relaxed while they are home alone.

1. Start small and build it up. When your new hound is settled in their new home, try leaving them for five minutes or so at a time and gradually build it up to the maximum time they may be left alone so that they become accustomed to it.
2. Keep them busy. A filled Kong will keep them distracted as they try to get all of the tasty food out of them, there are lots of recipes on their website. Once your hound has worked it

out try freezing them for an extra challenge! Its important not to get a Kong that is too small as you don't want them becoming a choking hazard, we find the X-large size works well for our two.

3. Don't make a big deal. If you get stressed, nervous or worked up about leaving them they will pick up on it. Give them fuss and attention long before you plan to leave so that they are back on their bed and relaxed by the time you go, don't feel bad if you don't give them a cuddle and a kiss right before you leave (they wont be offended!).
4. Well fed and exercised Make sure they have had a walk prior to you leaving so they will be wanting to have a nap anyway. Also if you are leaving out in the morning or evening it is a good idea to feed them not too long before you go as they will likely want to have a lie down to digest (just be sure to leave a gap between their walk and their meal as eating too soon after exercising can make them very sick).
5. Adopt another! The most effective way to stop them from feeling lonely is to make sure they are never alone! having more than one hound means that they will always have someone to snuggle and play with while you are away.

Your Stories

Since this is a community newsletter we would like to include more of your stories. If you have recently homed a hound and would like to let us know how they are settling in, if you would like to share a story about a recent trip or any other story about your hound then please let us know and we can share it in the newsletter! Email your stories to grfnewsletter@gmail.com.



With Thanks

I would like to thank Jimmy, Celia, Hannah and Steve for their contributions to this issue.